FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Ware Scott D.									ker or Tra						theck all ap Dire	plicable)		Issuer Owner (specify
(Last) 10990 RG	(F OE AVENU	, ,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/23/2017									^ belo	w) (	belov USF Holland		
(Street) OVERLA PARK (City)	K	ND KS 66211 (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) X Fori Fori	ividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
		Tabl	e I - No	n-Deriv	vative	Se	curitie	s Ac	quired,	Dis	posed o	f, or I	Bene	ficia	ally Own	ed		
Da				Date	Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Security Disposed 5)					d Secu Bene Owne	ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A (D	) or )	Price		rted saction(s) . 3 and 4)		(Instr. 4)
Common Stock				02/23/2017		,			F <sup>(1)</sup>		1,594		D	\$12	.56	63,952	D	
Common Stock				02/23/2017				<b>F</b> <sup>(2)</sup>		3,498	3	D	\$12	.56	60,454	D		
		Та									osed of, onvertib				y Owned	I		,
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transaction Code (Instr. 8)		n of		6. Date E Expiratio (Month/E	n Dat		Amount of Securities Underlying Derivative Security (Inst and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shai	ber				

## **Explanation of Responses:**

1. On February 23, 2017, 3,516 restricted shares of Mr. Ware's Company stock, granted March 9, 2015, vested. On February 23, 2017, Mr. Ware automatically surrendered 1,594 of the 3,516 newly-vested shares to the Company to satisfy the tax withholding obligation triggered upon the February 23rd vesting. The automatic surrender of newly-vested shares is the Company's default process for paying tax withholding obligations triggered upon the vesting of restricted stock.

2. On February 23, 2017, 6,893 restricted shares of Mr. Ware's Company stock, earned February 15, 2016, vested. On February 23, 2017, Mr. Ware automatically surrendered 3,498 of the 6,893 newly-vested shares to the Company to satisfy the tax withholding obligation triggered upon the February 23rd vesting. The automatic surrender of newly-vested shares is the Company's default process for paying tax withholding obligations triggered upon the vesting of restricted stock.

> /s/Leah K. Dawson, Attorneyin-Fact for Scott Ware

02/27/2017

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.